Mental Health Planning & Advisory Council

#### **Vision**

Plan, Advocate, Evaluate
Mission

To advocate for a system that supports persons impacted by mental disorders on their journeys to achieve the highest quality of life possible by promoting evidence-based, cost-effective, individualized mental health services.

Cathii Nash, Chair 3908 East 17<sup>th</sup> Spokane, WA 99223 (509) 536-4136

Mental Health Planning and Advisory Council SeaTac Holiday Inn Express Hotel August 8, 2007, 9:30 – 3:30 MINUTES

Minutes Approved on October 10, 2007

PRESENT: Cathii Nash, Nanette Baker, Fran Collison, JoEllen Woodrow, Caryn Horn for

Annie Conant, Dan Clement, Tom Saltrup, Vanessa Lewis, Cheri Dolezal, Brien Critchlow, Dwight McClain, Eleanor Owens, Becky Bates, BJ Cooper, Lenora

Warden, Brett Lawton, Erin Peterschick, Roger Bauer,

GUEST: Mary O'Brien, and Carrie Pascua, EMAC

EXCUSED: Rick Crozier, Bill Waters, Russ Hammond, Michelle Murphy, Traci Adair,

Matthew Stolberg, Mary Christie, Danny Eng, and Barb Putman

UNEXCUSED: Thressa Alston, and Joanne Groves

# I. INTRODUCTIONS

- A. Review and Vote on July 11, 2007 Council Minutes
  - 1. Page 4 WA formula is based on population within each state (change should be county)
  - 2. Change ASC to ACS

Motion the minutes be accepted – Motion Passed

- B. Review Pending Action Items from July meeting COMPLETED
- C. Review P/P Subcommittee meeting minutes

### II. NEW MEMBERSHIP

A. P/P recommends to presents Linda Alvarado to MHPAC for vote.

Dan Clement Moves the Council endorse the decision of the committee - Approved

### III. COUNCIL BUSINESS:

A. Discuss potential Bylaw changes as discussed in July Council meeting Please send any changes to Cathii Nash on Bylaw changes Any ideas right now on bylaw changes?

- 1. Sign a confidential statement that what is said here stays here
- B. Review final version of the MHPAC Brochure the Chair will be mailed out by next Friday, Aug 10
- C. Discussion on FBG changes

- D. Subcommittee reports
- E. Discussion on Sept Awards meeting.
- F. Tom Saltrup, DOC, gave overview of the Mental Health Council which he is the Chair. He would like this Council to collaborate with the MHPAC. Specific goal of council is to identify what are the best practices to decrease persons involvement in the criminal justice system who are mentally ill.
- G. Cross system collaboration
  - a. The more cross system collaboration the MHPAC can show the better off we will be with the state.

Brett Lawton's MOTION for MHPAC to inventory all Advisory Councils, subcommittees and committees that exist today by the legislature, federal and state. Amend motion to recommend someone to take this effort.

Third Amendment: Erin P. from Transformation Grant will put together a list of committees by the legislature, federal and state Approved, one Abstention

# REMINDER: October meetings

- 1. The Individual Development Accounts Presentation
- IV. Presentation and Discussion on Brief Intake WAC presented by Carrie Huie-Pascua and Mary O'Brien of EMAC.
  - 1. Two-to-three months ago, the full intake was reduced to a brief intake with important elements not required. Not providing full assessment of the consumer, they don't get the services needed.
  - 2. The area of cultural history, developmental history was eliminated on children, family and placement issues, etc. Eventually a full intake will be needed.

EMAC asked: "Is there something in this WAC that we need to take a serious look at?"

- A. The Council wants to make comment on WAC 388-865-0420 Intake evaluation. Make a recommendation to rewrite this WAC.
- B. Council also needs to look at the assessment WAC. Changing one WAC snowballs other WACs for other changes. Council has concerns on conflicting WACs. Suggestion not to recommend to MHD
- C. Cathii would like to work with the Community Transformation Partnership (CTP) to collaborate with natural partners to work on changes, e.g. SAFE
- 1. MHPAC write a letter to MHD asking to discuss the Intake WAC. (Bring up points in the dialog.)

# Carrie Pascua, EMAC – Specialist Conference

MC3 (cultural competence committee) is a subcommittee of Greater Columbia Health RSN, the driving force to the statewide conference for the past 8 years. The statewide Specialist Conference is the only conference that looks and supports work of mental health specialist.

- A. EMAC has made recommendation for 25k was approved for 10k, the EMAC is agreement they need broader support. With the work that is being done through Transformation workgroup, and the state MHD, a proposal is needed for more support of this conference.
- B. A Draft Charter was developed and distributed to MHPAC on the Specialist conference. Charter was not to suggest that MHD would take this Specialist conference over, the idea was to get a contract for logistics to work with EMAC to pull off this conference. Collaboration and partnerships for assistance is needed.
- C. Case managers, counselors, and mental health specialists to learn how to better serve the consumer.

ACTION ITEM: Write recognition from the Council on EMAC contribution and Greater Columba RSN's support of the specialist conference in the past.

MOTION: Move that Council accept the Charter and that Fran take it to MHD to see if she can get approval to ask WIMIRT to help with logistics on a conference this and next fall and to work with EMAC in 08.

AMENDMENT TO MOTION: Specialist conference August of 2008 Approved EMAC to develop a budget for Fran to present to MHD.

- V. Decision Package for Resource Centers Fran
   The DP cannot go into interim legislation; it is scheduled to go into STI benefit package for the 09-11 legislation biennium budget.
- VI. Breakdown of last years 20% budget for Aug 8 meeting packet. Fran Discussion on handout from Fran at 8/07 meeting titled MHD's 20% FFY 07 MHPAC 10/1/06—8/8/07
- VII. Discussion on the MHPAC Awards on Sept 12meeting draft agenda from Ad Hoc Adult Consumer Subcommittee
  - 1. John Piacitelli Lifetime Achievement Award and the Way to Go was decided
  - 2. Children's Subcommittee Ann Russell Award received.
  - 3. The Meghen Maria Doggett Award is still undecided. Deadline Aug 17
  - 4. The Services Award winners will be provided soon as well.

# ADJOURN

The next MHPAC "Awards" meeting will held Wednesday, Sept 12, 2007 at the Red Lion from 8:30 a.m. until 4:00 p.m.

Please be sure to make airline travel/hotel arrangements at least two weeks in advance (by Aug 29) via email to Christina Carter at <a href="mailto:cartec@dshs.wa.gov">cartec@dshs.wa.gov</a>. Thank you for your cooperation.